

Fulfilling our Promise

Covenant Health has had a successful year of growth and progress, but what does this mean for those we serve? See how we have positively influenced the health of these Albertans.



Our Strategic Directions

Live our mission and values in all we do

Build and engage our team

Continuously improve quality and safety

Respond to those in need

Engage and work with community



Painting Brighter Days



The morning slips away while Youville Home resident Mae Dory dips her brush in a sky-blue watercolor to put the finishing touches on her latest masterpiece. “They always give me the hard ones!” she laughs, explaining she is given an outline that she paints and makes her own.

Each Wednesday, Mae joins about a dozen other Youville Home residents who side-step their physical limitations into a world of soft, hazy colours. The room is abuzz with chatter while the participants—all of whom require 24 hour nursing care—socialize while they paint.

The art program challenges Mae to keep her fingers flexible, mind active and creative spirit alive. “I always say I am never coming back,” jokes Mae with a cheeky smile, “but I’m here every week. It makes me feel like I accomplished something.”

Youville Home art therapy is supported by the St. Albert community who purchase greeting cards featuring the resident artwork at the facility gift shop.

Back on his Feet

Golfing. Cross-country skiing. Bowling. For over eight decades, Hugh Christie relied on a pair of strong legs to support his active lifestyle.

But when a stroke knocked him off his feet and into a wheelchair, he faced an uphill battle to regain his quality of life. Fortunately, he had a determined attitude and the help of a skilled and supportive team at the inpatient rehabilitation program at St. Michael’s Health Centre in Lethbridge.

Hugh was determined to walk out of the facility on his own and staff rallied behind him to make sure he achieved his goal. They worked with him for three hours a day, five days a week as he transitioned from bed to wheelchair to walking.

“They were just so encouraging. They even made a video of his progress,” explains Hugh’s wife Jean. When Hugh walked into the dining room on his own, all the staff stood up and clapped.

Although he is not able to do some of the activities he did before the stroke, Hugh still goes for short walks and bowls. “If it hadn’t been for the staff at St. Michael’s, Hugh would never have walked again.”



St. Michael’s Health Centre in Lethbridge is home to southern Alberta’s primary inpatient rehabilitation program—a post-acute rehabilitation program for individuals recovering from severe illness or disability.

Battle of his Life

Ralph Kristiansen has nerves of steel. With 35 years of military service under his belt, unshakable faith and a positive attitude—Ralph wasn’t rattled when he was diagnosed with multiple myeloma.

In fact, Ralph felt he could delay cancer treatments so that he and his high school sweetheart could enjoy their 50th anniversary party with family and friends.

“I really paid the price [for that decision],” explains Ralph. “By the time the anniversary rolled around, I could hardly walk.”

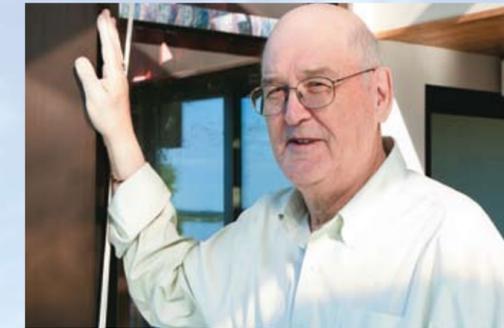
Today, Ralph is waging the battle of his life head-on, with aggressive chemotherapy treatments and pain management support from the Bonnyville Community Cancer Centre.

Although his prognosis is unknown, Ralph is almost pain-free and happy to make the 50 km trek from his home in Cold Lake to Bonnyville, the closest

cancer centre. “I wouldn’t trade the doctors and nurses in Bonnyville for the world,” he raves.

Having convenient access to cancer treatment allows Ralph to live at home throughout his therapy. It also helps him stay connected to his family team, so he can stay positive and focus on getting well.

The Bonnyville Community Cancer Centre provides the people of northern Alberta with convenient access to high quality cancer treatment and support.



Speaking Out

Ordering a “double-double” from her favorite coffee shop is something Debra Hall-Lavoie will never take for granted. “Having no voice is a lonely path,” she explains. “When you don’t sound like everyone else, people make judgments about your intellect.”

Five years ago, a persistent sore throat sent Debra to the emergency room. Next thing she knew, she was a cancer patient—the disease had spread throughout her head and neck. Thankfully, a team of medical experts, 14 hours of surgery and bouts of radiation saved her life.

But it was the team at the Institute for Reconstructive Sciences in Medicine (iRSM) that saved Debra’s voice—and her quality of life. With a special mouthpiece they developed,

combined with speech therapy, Debra could talk again after losing part of her tongue in surgery.

Debra, a retired Occupational Therapist and lecturer, understands the power of one’s voice. As she sips her coffee, Debra explains, “speech is a window to your abilities. iRSM has been critical in helping me preserve my self-identity.”

iRSM, based at the Misericordia Hospital, is an internationally recognized clinical and research institute focused on medical reconstructive sciences.



Villa Caritas Opening Fall 2010

Villa Caritas, Covenant Health’s new 150-bed enhanced geriatric mental health facility in west Edmonton, will open this fall. Villa Caritas will serve a growing number of seniors with complex mental health and medical conditions.

With the transfer of expertise and 106 beds from Alberta Hospital Edmonton’s Geriatric Psychiatry program, Villa Caritas expands service to Edmonton and Northern Alberta by 44 beds (42% increase). The program will offer appropriate, timely intervention and care options for the growing number of seniors with mental illness in our hospitals and those in our continuing care centres who need specialized care.

Located on the Misericordia Community Hospital campus, Villa Caritas will provide these



vulnerable seniors with an environment conducive to meeting their complex needs, with access to specialty services and supports to address their psychological, physical, spiritual and social needs. The modern, patient-centred environment includes large, private rooms and bathrooms for all patients, special security enhancements, secure outdoor spaces, a chapel and dedicated space for recreation, therapy and social activities.

Year in Review: 2009/10 Highlights

A vision is not just a picture of what could be; it is an appeal to our better selves, a call to become something more.

- Rosabeth Moss Kanter

- Covenant Health is officially established as a consolidated organization through provincial legislation effective April 1, 2009
- Covenant Health and Alberta Health Services developed a Co-operation and Services agreement which establishes principles and expectations for accountability and collaboration (May 2009)
- Covenant Health hosted a Building Trust at End-of-Life Conference (May 2009) and the provincial 20th Annual Palliative Care Research and Education Days (October 2009) in Edmonton
- Covenant Health contributed to provincial strategies to meet the challenges of the Influenza A (H1N1) pandemic (Fall 2009)
- Covenant Health held its first annual Legacy Day to honour the eight congregations of Sisters who founded our health care ministries (November 2009)
- Covenant Health began work on accreditation certification from Accreditation Canada as a new consolidated organization (December 2009)
- Alberta Seniors and Community Supports awarded Covenant Health a \$4 million capital grant for a new 60-bed designated assisted living (DAL) project in Killam through the Affordable Supportive Living Initiative (December 2009)
- Covenant Health consulted with 183 health, business and community leaders in eight rural communities in the development of a Rural Health Strategy (Winter 2009-10)
- Alberta Health Services announced that an expanded 150-bed geriatric mental health program will be established at Villa Caritas (January 2010)
- Thanks to diligent and innovative teamwork, Covenant Health successfully met required 2009-10 budget reductions of 3% (March 2010)
- Covenant Health received a \$5.6 million capital grant from Alberta Housing and Urban Affairs for the development a 40-bed supportive living facility for homeless seniors in Lethbridge (March 2010)
- Former Minister of Health Shirley McClellan joined the Covenant Health Board of Directors (March 2010)
- Covenant Health received two \$10-million provincial capital grants for two new 100-bed DAL facilities in Calgary and Red Deer through the Affordable Supportive Living Initiative and Alberta Capital Bonds (April 2010)
- Covenant Health announced its first six Mission Awards recipients at a gala event in Edmonton (April 2010)

Provincial Statistics

Service Capacity	Team	2009-10 Activity	Annual Operating Budget
824 acute care beds	8,760 employees	183,694 emergency visits	\$690 million*
20 sub-acute care beds	2,600 physicians	368,178 outpatient visits	
56 palliative beds	2,680 volunteers	40,088 surgeries	
24 rehabilitation beds		9,387 babies born	
1,386 continuing care, designated assisted living, assisted living, and respite beds		269,227 diagnostic imaging exams	
		2.7 million lab tests	
			Annual Foundation Contributions \$3.4 million

*includes annual budget for Villa Caritas, opening Fall 2010

Facilities

Banff
Banff Mineral Springs Hospital

Bonnyville
Bonnyville Health Centre

Camrose
St. Mary's Hospital

Castor
Our Lady of the Rosary Hospital

Edmonton
Edmonton General Continuing Care Centre
Grey Nuns Community Hospital
Misericordia Community Hospital
St. Joseph's Auxiliary Hospital
Villa Caritas*

Killam
Killam Health Centre

Lethbridge
Martha's House**
St. Michael's Health Centre
St. Therese Villa

Mundare
Mary Immaculate Hospital

St. Albert
Youville Home

Trochu
St. Mary's Health Care Centre

Vegreville
St. Joseph's General Hospital

*Opening Fall 2010 on the Misericordia Campus

**Martha's House is operated by Covenant Health in partnership with St. Michael's Housing Association



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Healing the Body Enriching the Mind Nurturing the Soul



Living our Promise

Report to the Community

Board of Directors

Covenant Health is governed by a Board of Directors and has full governance authority for the organization. Our Board is supported by active and engaged community boards representing the 11 communities we serve.

W. John Brennan, Chair
Michael Dimnik
W.D. Bill Grace
Dennis E. Grant
James Heelan
Sr. Nuala Kenny

Richard Leavens
Raymond Mack
Shirley McClellan
Mary Pat Skene
Archbishop Richard Smith
Ex Officio

Administration

President and CEO Patrick Dumelie leads the Senior Leadership Team who work within the integrated provincial health system to advance our strategic directions.

Patrick Dumelie
President and CEO

Scott Baerg
Senior Operating Officer
Mental Health

Karen Galenzoski
Vice President
Human Resources

Greg Hadubiak
Sr. Vice President
Edmonton Acute Care

Jennifer Haggerty, Vice
President Planning and
Support Services

Karen Macmillan
Senior Operating Officer
Grey Nuns
Community Hospital

Sheli Murphy, Vice President
Rural Health Services

Al Pierog, Vice President
Seniors Health

Jon Popowich
Vice President, Quality

Dr. Jeff Robinson
Sr. Vice President, Medicine
Fran Ross, Vice President
Communications

Rosa Rudelich, Vice President
and Chief Financial Officer

Jan Schimpf
Senior Operating Officer
Misericordia Community Hospital

Gordon Self, Vice President
Mission, Ethics and Spirituality

Michael Shea, Vice President
Board Support

Foundations

Covenant Health facilities receive tremendous support from our community through 10 local foundations:

Bonnyville and District Health Foundation, Bonnyville
St. Mary's Hospital Foundation, Camrose
Our Lady of the Rosary Hospital Foundation, Castor
Caritas Hospitals Foundation, Edmonton and St. Albert
St. Joseph's Auxiliary Hospital Foundation, Edmonton
Killam and District Hospital Foundation, Killam
St. Michael's Health Centre Foundation, Lethbridge
Mary Immaculate Hospital Foundation, Mundare
St. Mary's Health Centre Foundation, Trochu
St. Joseph's General Hospital Foundation, Vegreville

To find out more about how you can support our work, contact your local facility or visit www.covenanthealth.ca/donations.html

Living our Promise



Promise. It's a powerful word, calling us to commitment and accountability. It is also an inspiring and hopeful concept, suggesting possibilities and potential for growth and transformation. And as Covenant Health, our name speaks to the promise of God's abiding love that sustains us and guides our work.

Our vision as Covenant Health embraces all of these elements, as we commit to "positively influencing the health of Albertans and being of greater service to those in need by working together with compassion, quality and innovation."

This commitment is rooted in a 147-year tradition of service begun by Catholic sisters whose ministry of hope and healing followed a Gospel call to walk with those most vulnerable and respond with care for bodies, minds and spirits.

Living this promise as Canada's largest Catholic provider of health care, Covenant Health has had an incredible year of growth and change.

Our teams across the province have provided exceptional care at each of our 16 facilities and have worked together in our sites and across the province to collaborate more effectively and meet challenges.

Through their dedication and hard work, we have made great progress on our strategic priorities in rural health services, mental health, seniors care, and palliative care and have embraced our potential for greater service with the opening of Villa Caritas this fall.

In the years ahead, we look forward to advancing our leadership role in caring for Alberta's seniors with recent announcements of new seniors care facilities in Red Deer, Calgary and Lethbridge, as well as a major continuing care addition at the Killam Health Centre.

Drawing on the strength of our legacy and our people, we look forward to continuing our work with Alberta Health Services and the Government of Alberta to serve where we are needed most.

W. John Brennan

W. John Brennan
Board Chair

Patrick Dumelie

Patrick Dumelie
President and CEO

October 2010

2010

Our Mission

We are called to continue the healing ministry of Jesus by serving with compassion, upholding the sacredness of life in all stages, and caring for the whole person—body, mind and soul.

Our Vision

Covenant Health will positively influence the health of Albertans and be of greater service to those in need by working together with compassion, quality and innovation.

Our Values

As a Catholic organization, we are committed to serving people of all faiths, cultures and circumstances according to our values: compassion, respect, collaboration, social justice, integrity and stewardship.