

Alberta Hospice Palliative Care Community of Practice: Orientation and Continuing Education for Nurses in Palliative Care

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Host:

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Date:

March 27, 2025



The Palliative Care ECHO Project

The Palliative Care ECHO Project is a five-year national initiative to cultivate communities of practice and establish continuous professional development among health care providers across Canada who care for patients with life-limiting illness.

Stay connected: www.echopalliative.com



Disclosures

The Palliative Care Public Awareness project is funded by the Government of Alberta. The views expressed herein do not necessarily represent the views of the Government of Alberta.



Reminders

- This session is being recorded.
- Please do not disclose any personal health information during the session.
- Your microphones are muted. When we invite participation, please unmute yourself if you'd like to speak at that time.
- If you experience technical difficulties, please let us know in the chat.



Palliative Care - Canada
BY
Pallium Canada





Orientation and Continuing Education for Nurses in Palliative Care

Hospice Palliative Care Community of Practice

March 27th 2pm-3pm MST

Land Acknowledgement

23. We call upon all levels of government to:

- Increase the number of Aboriginal professionals working in the health-care field.
- Ensure the retention of Aboriginal health-care providers in Aboriginal communities.
- **Provide cultural competency training for all healthcare professionals.**

[Truth and Reconciliation Commission's Calls to Action](#)

[Living My Culture](#)

[Indigenous Canada | University of Alberta](#)



Member Introductions

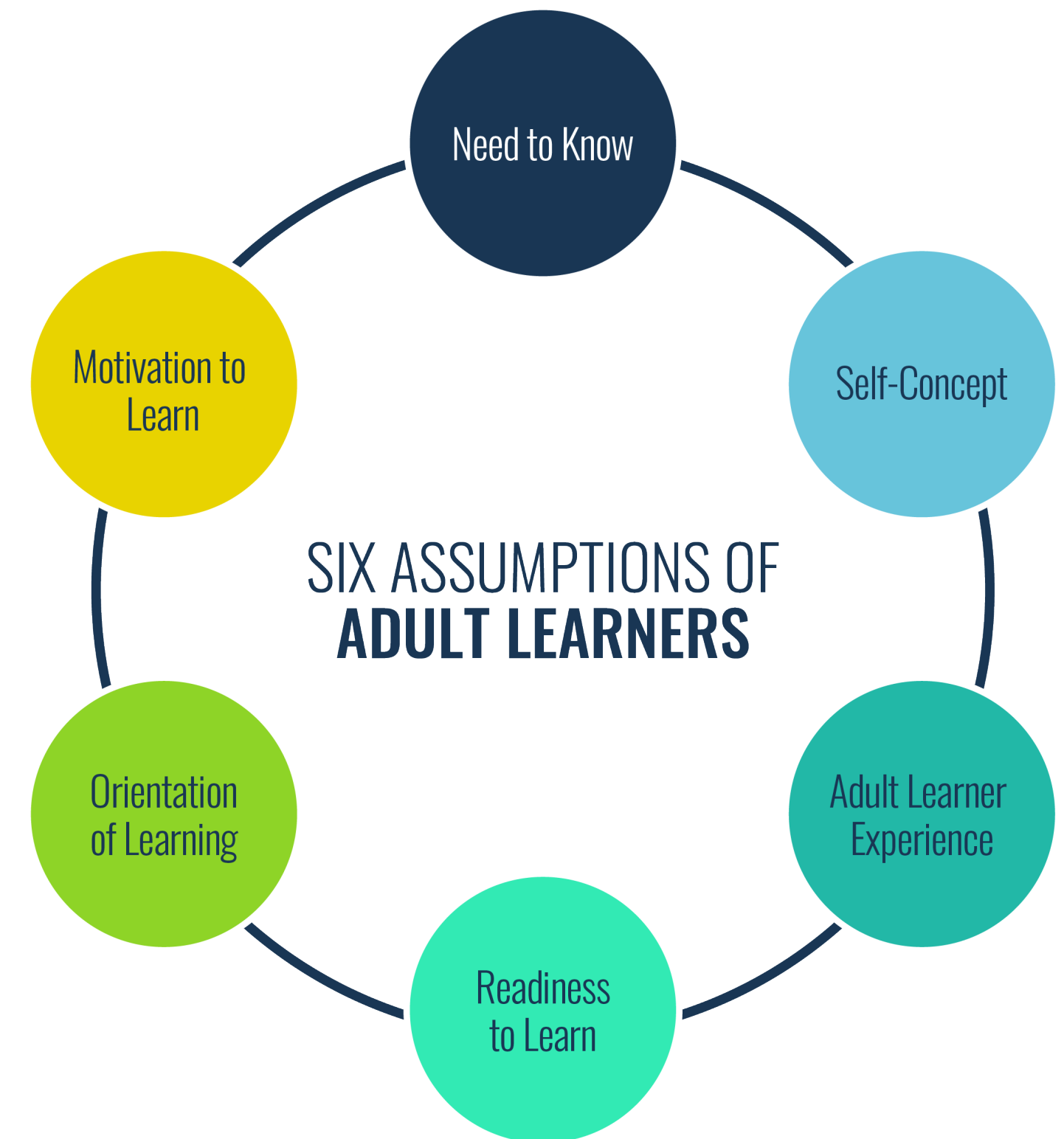
Tell us a little about you:

- Your role
- Location of work
- Your favorite spring activity



Let's Reflect:

[Adult Learning Theory | Knowles' 6 Assumptions of Adult Learners - YouTube](#)



Objectives

After this session participants will:

1. Be able to identify standards related to palliative education in Alberta.
2. Discuss principles of adult learning styles and clinical teaching strategies.
3. Be introduced to available education tools and resources in Alberta.

Accreditation Canada Palliative Care Service Standards (2024)

1.1.2 The **organization provides education and training** to all team members in all care settings on **core competencies** related to using an **interprofessional palliative approach to care** along the **entire illness trajectory**.



Accreditation Canada Palliative Care Service Standards (2024)

1.1.3 The organization provides education and training to the team on how to use **validated, standardized screening tools** to proactively screen clients who may **benefit from a palliative approach to care**, as well as those who may benefit from specialist palliative care services.



Why else do we teach?

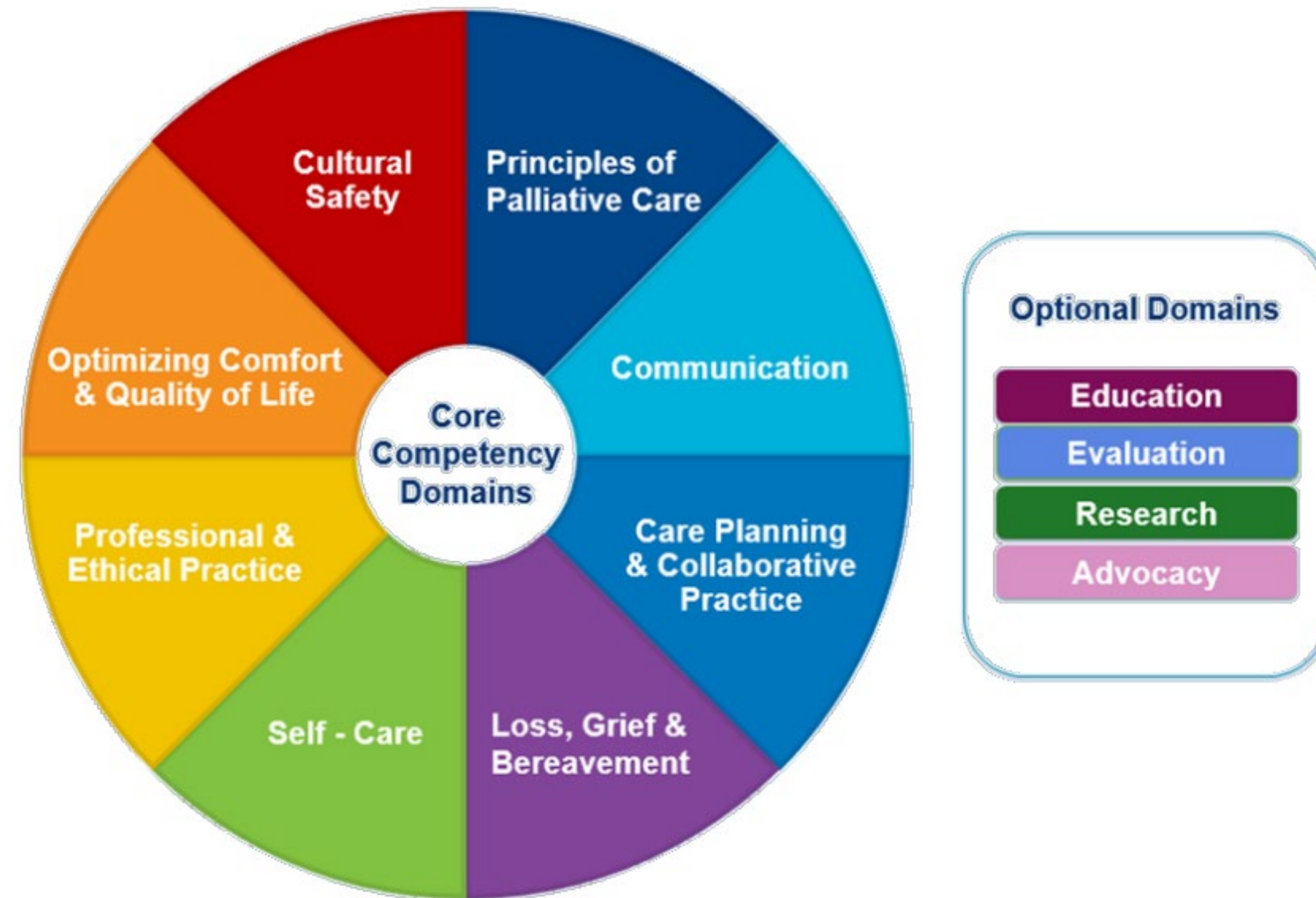


[Benefits of palliative care education and training for anyone who works in primary care \(90s\) - YouTube](#)

Palliative care requires a set of knowledge, attitudes and skill-based competencies - Pallium

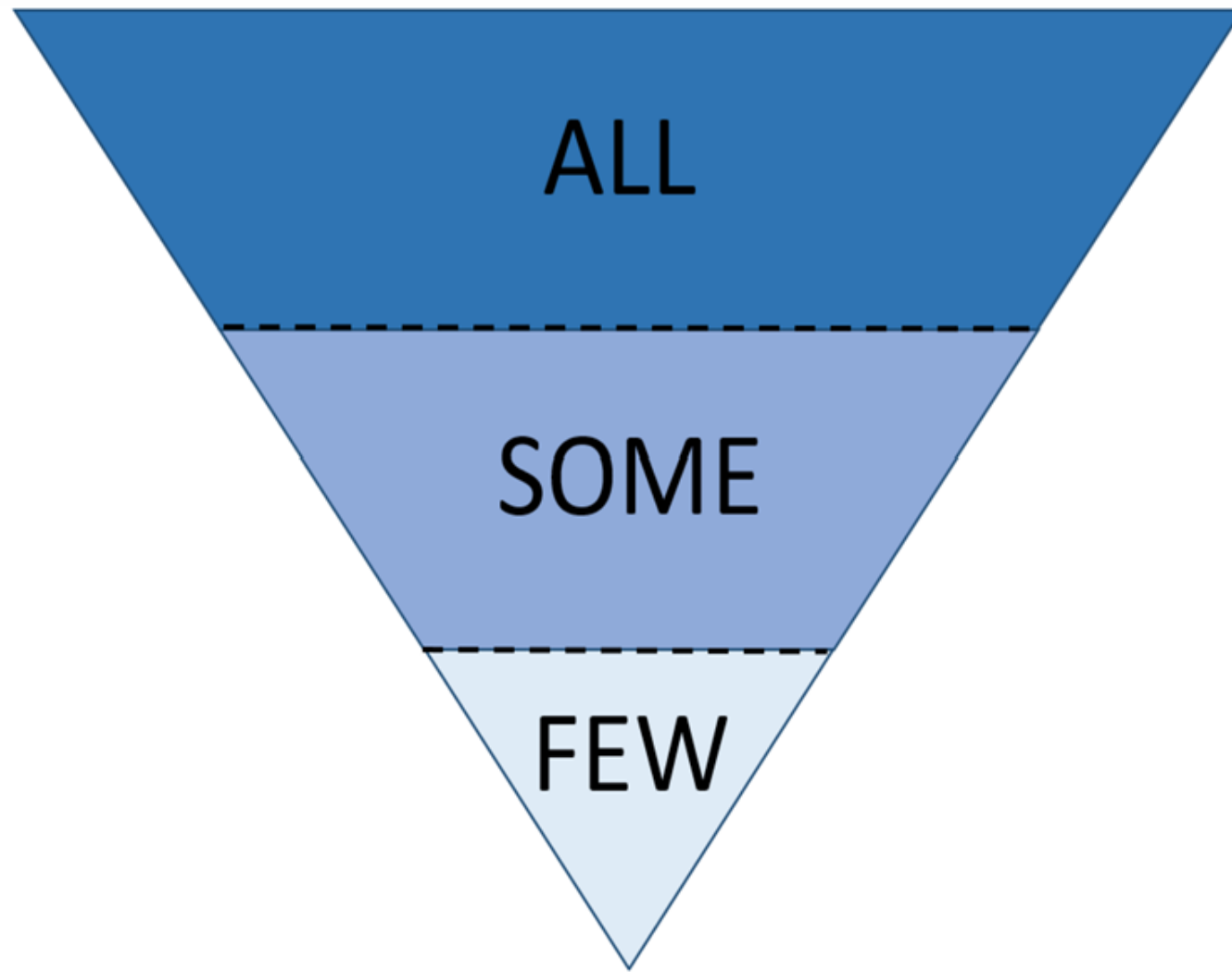


Alberta Palliative Care Competency Framework



What do we include?

Figure 1: The Alberta Palliative Care Competency Triangle



Needs Assessment

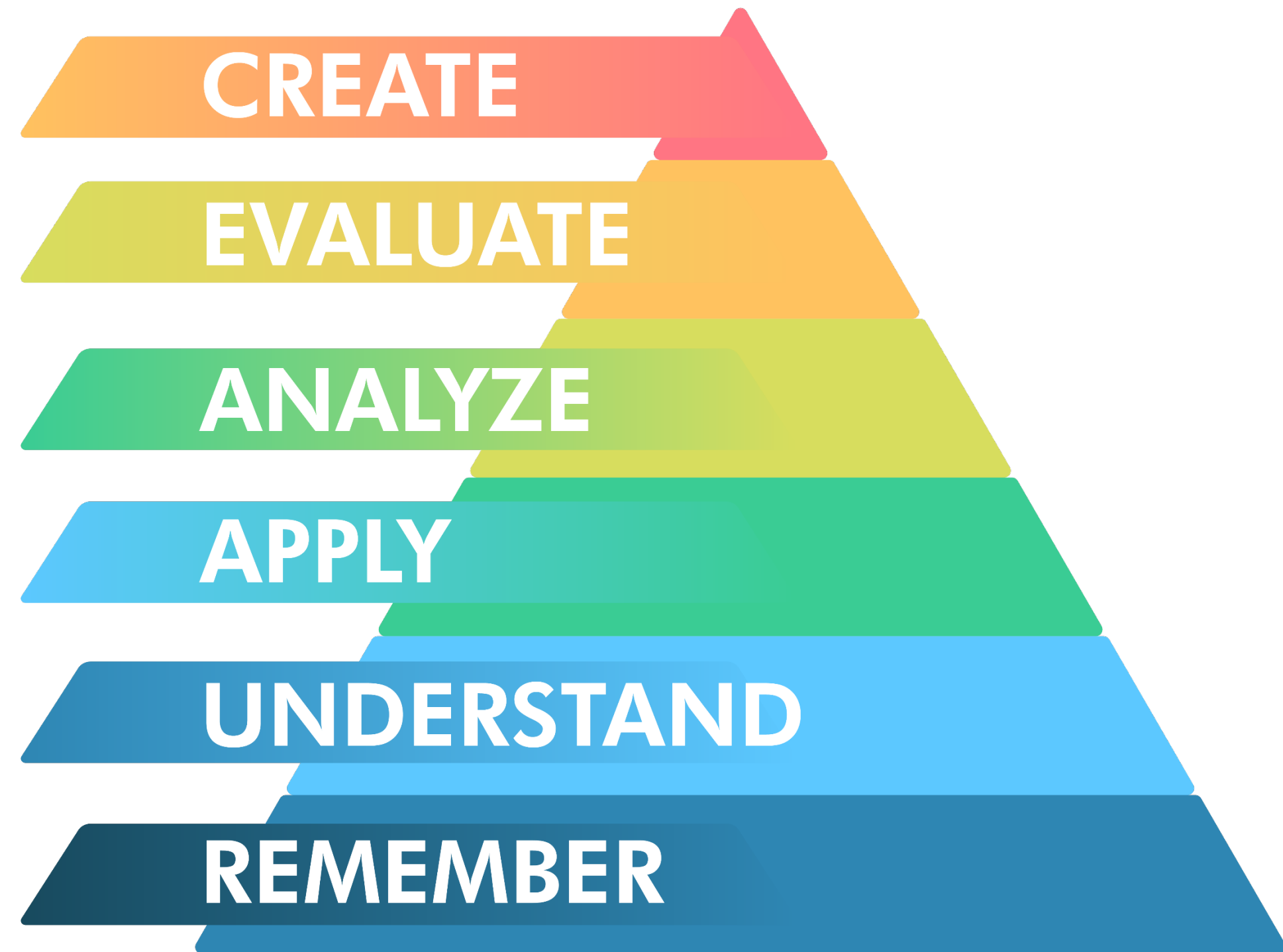


Using education to improve care

- **Evaluate metrics you have access to to identify gaps**
- **Engage learners in identifying their needs**
- **Engage clients in identifying what could be improved**



How do we teach? Objectives



How do we teach?

- **Self directed learning activities**
- **Clinical simulation**
- **Case studies**
- **Discussions and conferences**
- **Mentors/ preceptors/ coaches**
- **Classroom education**

***Include interdisciplinary team!**



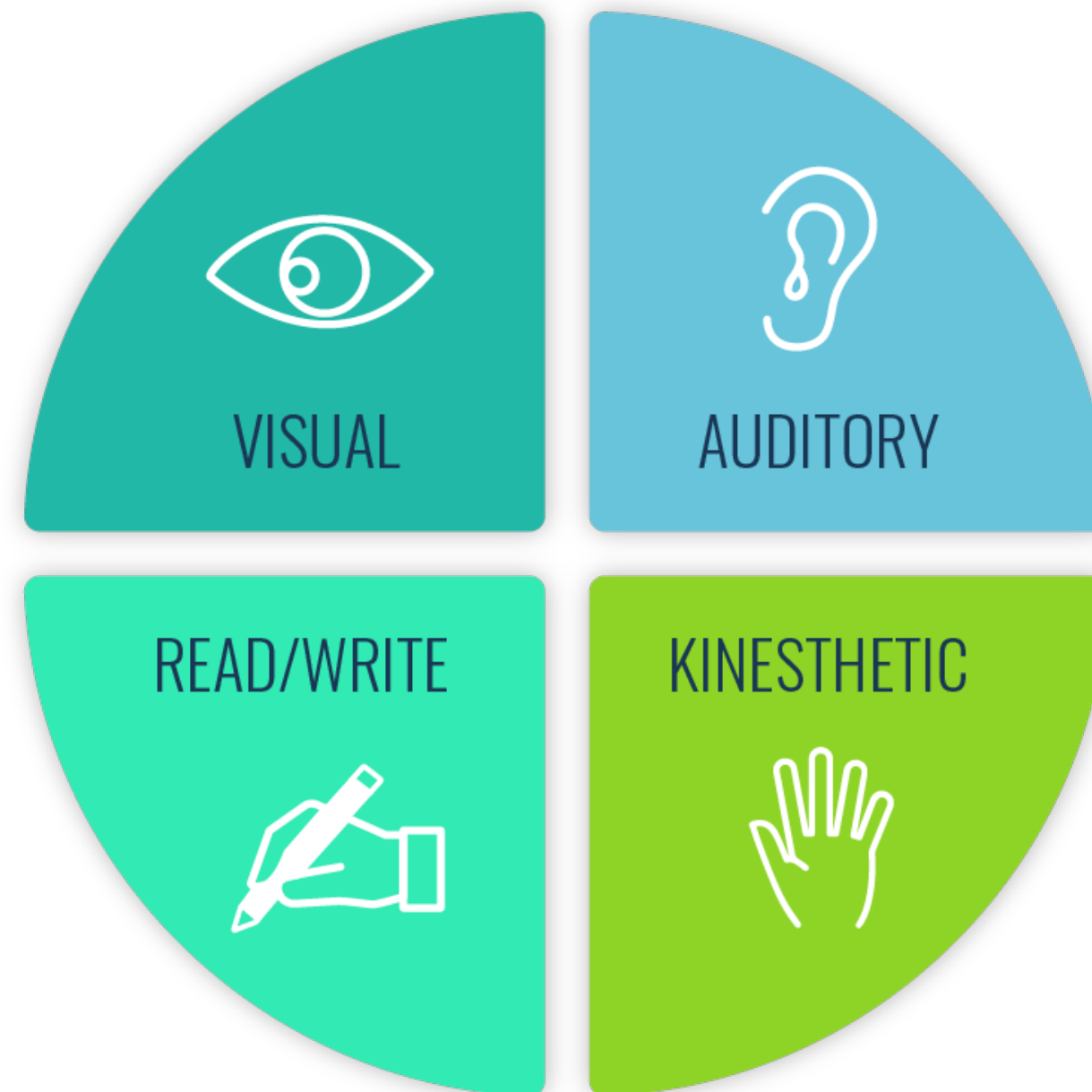
How do we teach?

Learner Considerations

- Experience
- Readiness to learn, motivation
- Gender, socioeconomic, cultural consideration
- Learning styles



VARK Learning Styles



When finding my way I:

A – Head in the general direction to see if I can find my destination without instructions

B – Rely on paper maps or GPS maps

C – Like to read instructions from GPS or instructions that have been written

D – Rely on verbal instructions from GPS or from someone traveling with me

I want to learn how to play a new board game or card game. I would

A – Use diagrams that explain the various stages, moves and strategies in the game

B – Listen to somebody explaining it and ask questions

C – Watch others play the game before joining in

D – Read the instructions

You are going to cook something as a special treat for your family. I would:

A – Cook something familiar without the need for instructions

B – Thumb through a cookbook looking for ideas from the pictures

C – Watch a cooking tutorial, where someone talks through each step

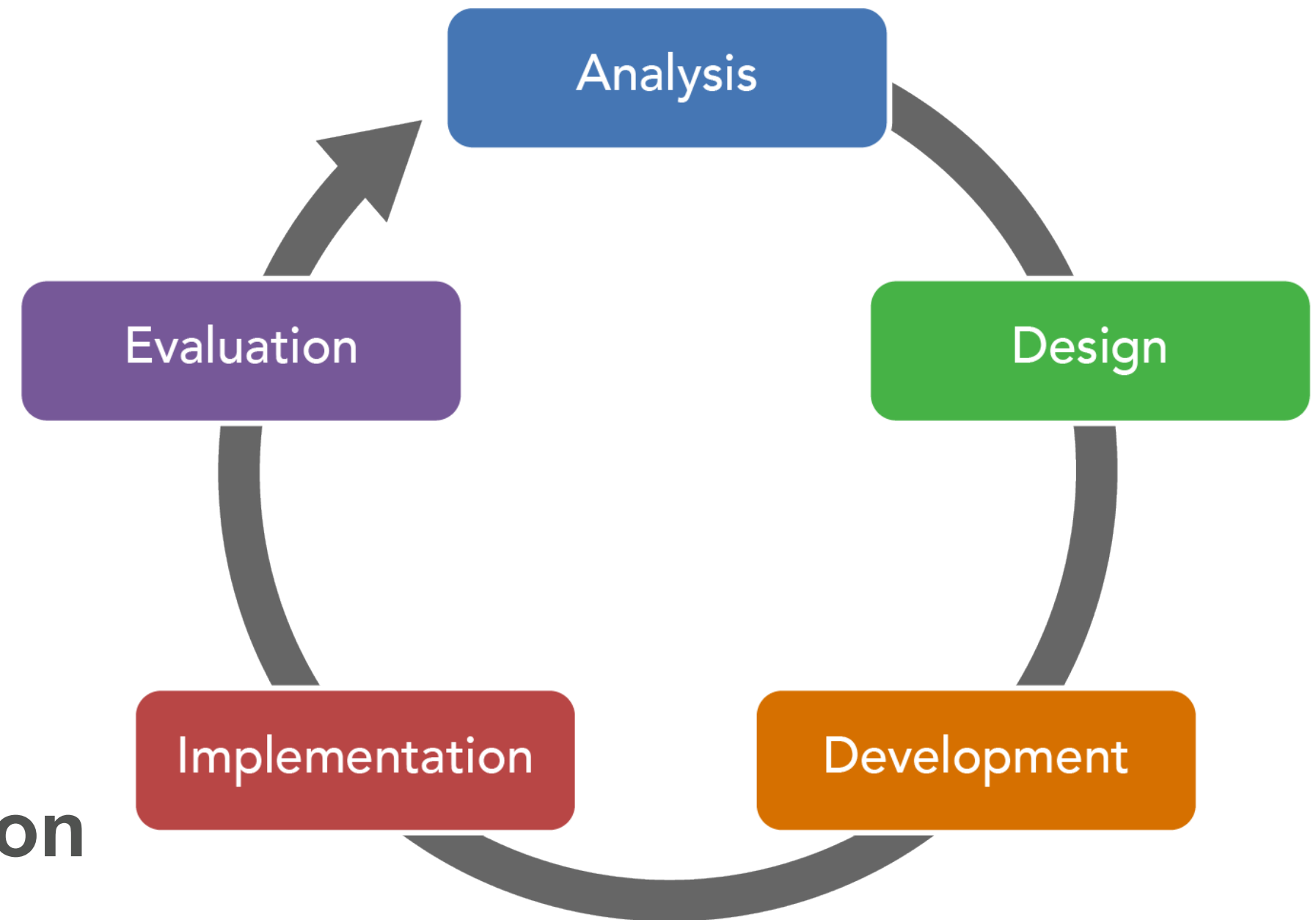
D – Refer to a cookbook and follow a specific recipe.

Other Considerations...

- **Time constraint**
- **Workload**
- **Budget**
- **Priorities**
- **Availability**
- **Environment**
- **Resources**

Putting it All Together

- Analyse learning needs
- Develop learning objectives
- Design educational intervention
- Implement educational intervention
- Evaluate educational intervention



Technology Resources



[Interactive presentation software](#)



[Compare – AhaSlides](#)



[Foster engagement with Wooclap's interactive presentations](#)

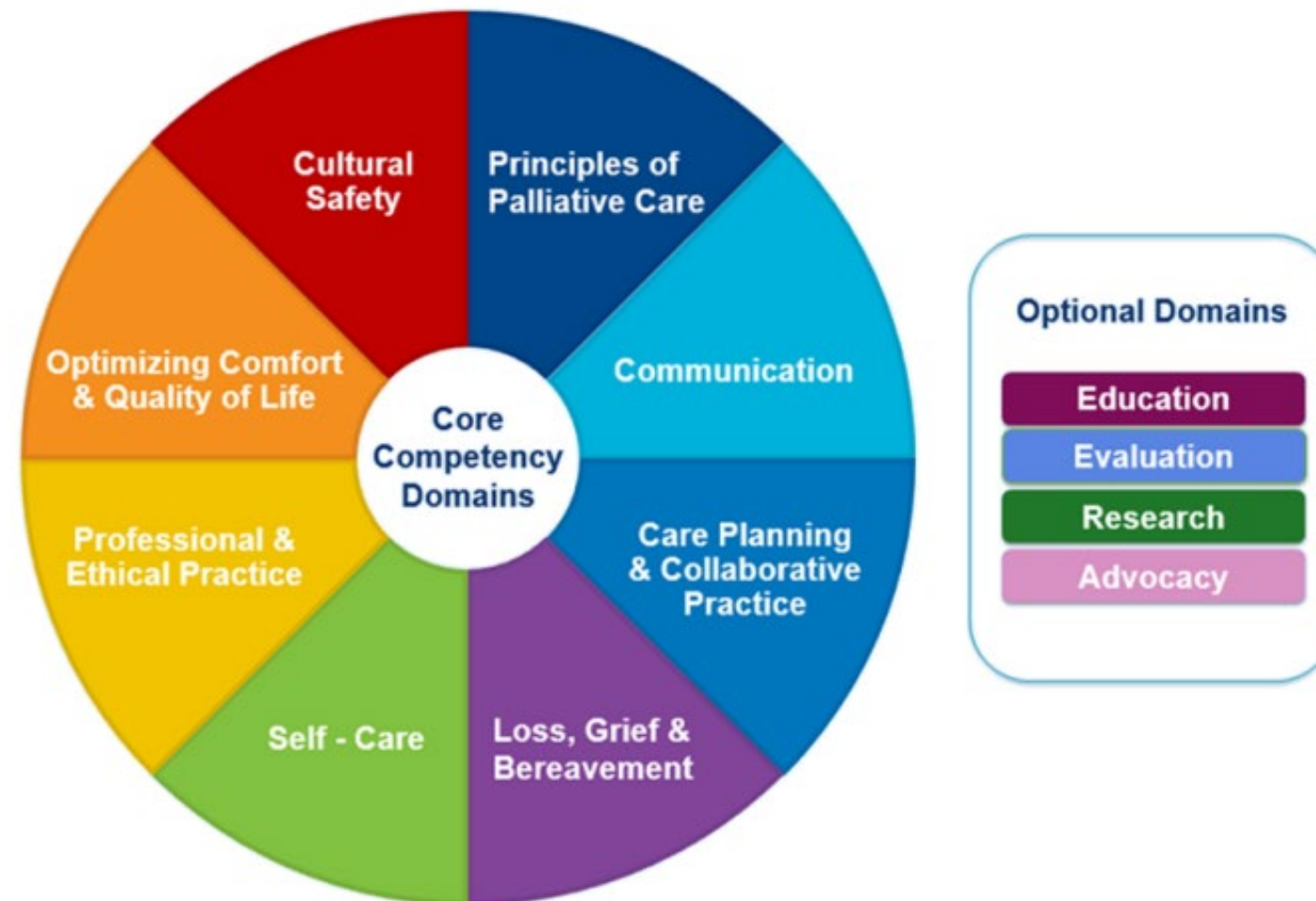


[Engage your audience | Poll Everywhere](#)

Education Resources

Palliative competency frameworks: discipline specific and interdisciplinary

PalliPro: competency based interprofessional education



[Resources for healthcare providers | Palliative Institute | Covenant Health](#)

Education Resources

Pallium Canada LEAP



[Provincial Education Online Opportunities Learning Essential Approaches to Palliative Care \(LEAP\)](#)

Canadian Virtual Hospice



The Learning Hub

LivingMyCulture.ca

[Learning Hub](#)

[Living My Culture](#)

Discussion

- What is part of onboarding orientation?
- What is part of your yearly education?
- Who is on your education team?
- What is working well?
- What could be improved?





Thank you

palliative.institute@covenanthealth.ca

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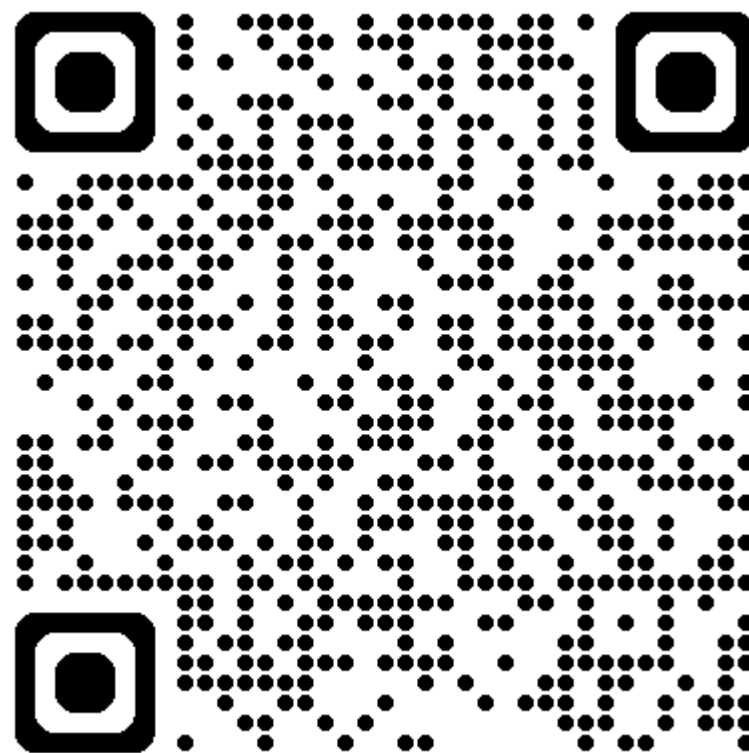
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VARK Questionnaire. <https://vark-learn.com/the-vark-questionnaire/>

Evaluation



Alberta Hospice Palliative Care
Community of Practice: Orientation and
Continuing Education

Upcoming Session

Pain and Anxiety Medications at End-of-Life from a Palliative Nurse Consultant Perspective

Date: May 29, 2025

Presenter: Luisa Arevalo

This session will highlight some of the pharmacological interventions related to addressing pain and anxiety for palliative patients from a palliative nurse consultant perspective.



Stay Connected



- Visit [Compassionate Alberta \(covenanthealth.ca\)](https://covenanthealth.ca) to access all our tools and resources.
- Please subscribe to our newsletter: [Palliative Institute | Compassionate Alberta newsletter](#)
- Contact us at: Palliative.Institute@covenanthealth.ca



Thank You!

The Palliative Care ECHO Project is supported by a financial contribution from Health Canada. The views expressed herein do not necessarily represent the views of Health Canada.

