

# Home care for your eyeglass retained nasal prosthesis

## Daily home care and maintenance of your prosthesis

Your prosthesis is made of silicone with an acrylic base. It is attached to your eyeglass frames where the nose-pads on your eyeglasses normally attach. The nasal prosthesis can be detached from your eyeglass frames, but this should only be done at the Craniofacial Care Program or by your optician. Skin care is the most important part of your daily home care. Clean the skin daily with a mild facial cleanser and warm water. Apply moisturizing lotion nightly to help keep skin healthy. Your prosthesis should be removed and cleaned daily. When sleeping, a gauze bandage can be placed over the nasal opening, if desired.





Do not use the toothbrush on the outer surface of the prosthesis or against your skin, as the bristles may be damaging

## To clean your prosthesis

- Use mild liquid soap and warm water. Do not expose your prosthesis to extreme heat.
- You can clean the prosthesis while it is still attached to the eyeglass frames.
- Clean any debris from the underside of the prosthesis using the children's toothbrush provided and warm soapy water.
- The outer surface of the prosthesis can be rinsed, and any debris should be removed using your fingers or a cotton tipped applicator.
- Rinse the prosthesis well and shake any excess water from the surface.
- The prosthesis should be stored, with the underside facing up resting on a soft cloth. It should be stored in a dry, safe place free of dust and debris, and away from heat, light, pets and children.
- Do not store the prosthesis in a bathroom due to the high humidity

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