



## Seniors Mental Health Referral

Affix patient label within this box

Complete all sections of this form and return by fax to only one of the following programs. Visit [www.albertareferraldirectory.ca](http://www.albertareferraldirectory.ca) to review admission eligibility criteria.

### Program

☐ Covenant Health Community Geriatric Psychiatry  
(Lakewood Community Health Centre)

**Fax**  
780.424.4964

**Phone**  
780.342.9100

☐ Covenant Health Acute Inpatient Geriatric Psychiatry (Villa Caritas)

780.342.6579

780.342.6509

### Client Information *(print clearly)*

Last Name	First Name		
Date of Birth <i>(yyyy-Mon-dd)</i>	Personal Health Care Number		
Address	City	Province	Postal Code
Home phone	Alternate phone		

### Geriatric Psychiatry Service Requested

- ☐ In-home assessment/treatment  
☐ Outpatient clinic assessment/treatment  
☐ Recreation Therapy

- ☐ Inpatient assessment/treatment  
☐ Follow up post-discharge  
☐ Unsure

### Reason for referral/current concerns

Date of referral *(yyyy-Mon-dd)*

### Living Situation

- ☐ Home  
☐ Supportive Living (PSL)  
☐ Supportive Living (DSL)  
☐ Long Term Care

- ☐ Memory Care/ Secure Unit  
☐ Group Home  
☐ Lodge  
☐ Other, specify \_\_\_\_\_

### Lives with

- ☐ Spouse  
☐ Other, family

- ☐ Alone  
☐ Other, specify \_\_\_\_\_

Current location

Name of contact person

Phone

Relationship



Covenant  
Health

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**Referring Source**

Name of referring source	Program area
Phone	Fax
Name of family physician	Physician number
Physician phone	Physician fax
Has the family physician been contacted and agree with the referral? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Does the client/guardian/agent agree with the referral? <input type="checkbox"/> Yes <input type="checkbox"/> No	
Name of person agreeing to referral (client/guardian/agent)	

**Providers/Services currently involved**

☐ Home Care    ☐ Supportive living    ☐ Day Program    ☐ Other Specify:

Name of Case Manager	Phone
Name of Site Contact	Phone

☐ Mental Health Supports *(specify name and contact information)*

☐ Previous Geriatric/Psychiatric Assessment *(attach summary)*



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### Medical History

At risk for hospitalization due to acute medical condition? ☐ Yes  
☐ No

☐ Pending Medical Consults (*notes & dates*)

### Psychiatric History



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### Psychosocial *(check all that apply)*

#### Mood

- ☐ Depressed ☐ Anxious ☐ Angry ☐ Euphoric  
☐ Suicide thoughts ☐ Thoughts of harming others ☐ Other *(specify)* \_\_\_\_\_

Screen	Score	Date <i>(yyyy-Mon-dd)</i>	Screen	Score	Date <i>(yyyy-Mon-dd)</i>
GDS			Cornell		
GAD-7			C-SSRS		

#### Behavior

- ☐ Agitation ☐ Aggressive – physical ☐ Hoarding  
☐ Impulsive ☐ Aggressive – verbal ☐ Insomnia  
☐ Withdrawn ☐ Wandering ☐ Sun downing  
☐ Vocalizing ☐ Rummaging  
☐ Resisting care ☐ Disinhibited

#### Thought Disturbance

- ☐ Hallucinations ☐ Paranoia ☐ Delusional

#### Substance Use

- ☐ Tobacco ☐ ETOH ☐ Other *(specify)* \_\_\_\_\_

Has the patient been to a treatment program?

- ☐ Yes, complete →  
☐ No

Date *(yyyy-Mon-dd)*

Site

#### Cognitive Status

Is the patient impaired?

- ☐ Yes, complete →  
☐ No

- ☐ Judgement impaired  
☐ Insight impaired  
☐ Executive dysfunction



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			Provide details on cognitive impairment:		
Screen	Score	Date (yyyy-Mon-dd)	Screen	Score	Date (yyyy-Mon-dd)
MoCA			SLUMS		
RUDAS			MMSE		
Communication impaired?					
<input type="checkbox"/> Normal <input type="checkbox"/> Expressive <input type="checkbox"/> Receptive <input type="checkbox"/> Other (specify) _____					
<b>Associated Changes</b>					
<input type="checkbox"/> No change <input type="checkbox"/> Sleep/rest pattern <input type="checkbox"/> Appetite <input type="checkbox"/> Weight					
<input type="checkbox"/> Energy level <input type="checkbox"/> Interests/activities <input type="checkbox"/> Functional ability (specify) _____					

#### Attach

- ☐ Copies of relevant consultations
- ☐ Medication profile (length of time on medication)
- ☐ PT/ OT/ SW/ Nursing and Physician Progress Notes and/or summary notes of prior 3 to 7 days
- ☐ Behavior-mood observation tracking/summary

**NOTE: Please DO NOT send information that is available on NetCare or Connect Care**