



July - 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4
		 RECREATION IS CLOSED	10:30 Morning Moves – 2 & 3 1:30 Crib – 3 rd	10:30 Morning Moves – 2 & 3 1:45 Bingo – 3 rd	1:45 Karaoke - 2 nd
6	7	8	9	10	11
10:20 Morning Moves – 3 rd 11:00 Two Tooters – 3 rd 1:45 Gardening – Aud./ patio 6:30 Tabletop Games– 3 rd	10:20 Morning Moves – 2 & 3 11:15 Mass – 2 nd 1:45 Nifty Nails – 3 rd 6:45 Anita on Piano – 2 nd	0:20 Morning Moves – 2 & 3 10:30 Men’s Group - Conservatory 11:15 Anglican Church 11:30 BBQ 1:30 Integrative Arts for 2 nd Floor – 2 nd 2:00 EPL Memory Cafe – 3 rd 3:30 Happy Hour – 2 nd 6:30 Armchair Travel – 3 rd	10:30 Morning Moves – 2 & 3 1:45 Music & Mobii (Sensory Games) - 2 nd	10:30 Morning Moves – 2 & 3 1:45 Musical Journey of the Heart with Leanne Nightengale – 2 nd	1:45 Klondike Kate Musical Performance – 3 rd
13	14	15	16	17	18
10:20 Morning Moves – 3 rd 1:45 Gardening – Aud./ patio 6:45 Art Class– 3 rd	10:20 Morning Moves – 2 & 3 11:00 Christian Music on Piano - 2 nd 11:15 Mass – 3 rd 1:45 Nifty Nails – 2 nd 6:45 Bingo – 3 rd	10:20 Morning Moves – 2 & 3 11:30 BBQ 1:30 Integrative Arts for 2 nd Floor- 2 nd 2:00 Travelling Pet Therapy 3:30 Happy Hour – 2 nd 6:45 Mila’s Musical Show – 2 nd	10:30 Morning Moves – 2 & 3 1:30 Crib – 3 rd	10:30 Morning Moves – 2 & 3 2:00 Concerts in Care: Syliva Chow & Alison Zdunich (Violins) – 2 nd	1:30 Ice Cream Social – 3 rd Happy National Ice Cream Month!
20	21	22	23	24	25
10:20 Morning Moves – 3 rd 1:45 Gardening – Aud./ patio 6:45 Art Class – 3 rd	10:20 Morning Moves – 2 & 3 11:15 Mass – 2 nd 1:45 Nifty Nails – 3 rd 6:45 Karaoke! - 2 nd	10:20 Morning Moves – 2 & 3 10:30 Men’s Group Cons 11:30 BBQ 1:30 Integrative Arts for 2 nd Floor- 2 nd 3:30 Happy Hour – 2 nd 6:30 Physical Games – 3 rd	10:30 Morning Moves – 2 & 3 11:00 Quarterly Memorial – 3 rd 1:30 – 3:30 SJAH Carnival! -Patio/ Auditorium	10:20 Morning Moves – 2 & 3 1:45 Kim Gates Concert – 3 rd	1:45 Mike Chenoweth (Upbeat guitar & vocals) – 2 nd
27	28	29	30	31	
10:20 Morning Moves – 3 rd 11:00 Quarterly Memorial – 2 nd 1:45 Gardening – Aud./ patio 6:45 Colouring & Laughs – 3 rd	10:20 Morning Moves – 2 & 3 11:00 Christian Music on Piano – 2 nd 11:15 Mass – 3 rd 1:45 Nifty Nails – 2 nd 6:45 JP Piano & Song-2 nd	10:20 Morning Moves – 2 & 3 11:30 BBQ 1:30 Integrative Arts for 2 nd Floor- 2 nd 3:30 Happy Hour – 2 nd 6:45 Evan on Cello – 3 rd	10:30 Morning Moves – 2 & 3 1:30 Crib – 3 rd	10:30 Morning Moves – 2 & 3 1:45 Easy Listening Music with Steven Tyler – 3 rd	

Accurate as of (June 2026). Events are subject to change.