



SEPTEMBER 2026



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5
	10:20 Morning Moves – 2 & 3 11:15 Mass – 2 nd 1:45 Nifty Nails – 3 rd 6:45 Bingo – 3 rd	10:20 Morning Moves – 2 & 3 10:30 Men's Group Cons 11:30 BBQ 1:30 Integrative Arts for 2 nd Floor- 2 nd 2:00 Travelling Pet Therapy 3:30 Happy Hour – 2 nd 6:45 Colouring & Music – 2 nd	10:30 Morning Moves – 2 & 3 1:45 Physical & Sensory Games – 2 nd	10:30 Morning Moves – 2 & 3 1:00 – 3:30 Chicken John's Petting Zoo! Patio	1:30 Benjamin Williams Music (guitar & vocals) – 2 nd
7	8	9	10	11	12
RECREATION CLOSED 	10:20 Morning Moves – 2 & 3 11:00 Christian Music on Piano- 2 nd 11:15 Mass – 3 rd 1:45 Nifty Nails – 2 nd 6:45 Tabletop Games- 2 nd	10:20 Morning Moves – 2 & 3 11:30 BBQ 1:30 Integrative Arts for 2 nd Floor- 2 nd 2:00 EPL Presentation - 3 rd 3:30 Happy Hour – 2 nd 6:45 Physical Games- 3 rd	10:30 Morning Moves – 2 & 3 1:45 Crib- 3 rd	10:30 Morning Moves – 2 & 3 1:45 Easy Listening Music with Steve Tyler – 2 nd	1:45 Ice Cream Social – 3 rd
	15	16	17	18	19
10:20 Morning Moves – 3 rd 1:45 Gardening – Aud. 6:45 Autumn Craft– 2 nd	10:20 Morning Moves – 2 & 3 11:15 Mass – 2 nd 1:45 Nifty Nails – 3 rd 6:45 Karaoke – 2 nd	10:20 Morning Moves – 2 & 3 10:30 Men's Group Cons 11:30 BBQ 1:30 Integrative Arts for 2 nd Floor- 2 2:00 Travelling Pet Therapy 3:30 Happy Hour – 2 nd 6:45 Armchair Travel – 3 rd	10:30 Morning Moves – 2 & 3 11:15 - Resident & Family Council – 3rd 1:45 Physical & Sensory Games – 2 nd	10:15 Morning Moves – 3 rd 10:30 Together We Grow 11:00 Morning Moves – 2 nd 2:00 Concerts in Care Josephine van Lier & Jolaine Kerley – 2nd	1:30 Bingo – 3 rd
21	22	23	24	25	26
10:20 Morning Moves – 3 rd 1:45 Gardening – Aud. 6:45 Watercolour Painting – 3 rd	10:20 Morning Moves – 2 & 3 11:15 Mass – 3 rd 1:45 Nifty Nails – 2 nd 6:45 Autumn Tea – 3rd	10:20 Morning Moves – 2 & 3 1:30 Integrative Arts for 2 nd Floor- 2 nd 1:45 Group Movie/ Documentary – 3 rd 3:30 Happy Hour – 2 nd 6:45 Music Memories – 2 nd	10:30 Morning Moves – 2 & 3 11:00 Alberta Culture Days Fashion Show – 3rd 11:30 Alberta Culture Days Fashion Show – 2nd 1:45 Crib- 3 rd	10:15 Morning Moves – 3 rd 10:30 Together We Grow 11:00 Morning Moves – 2 nd 1:45 Kim Gates (Local Musician) - 3 rd	1:30 Anita's Piano Concert – 2 nd
28	29	30			
10:20 Morning Moves – 3 rd 1:45 Gardening – Aud. 6:30 Evan on Cello – 2 nd	10:20 Morning Moves – 3 rd & 2 nd 11:00 Christian Music on Piano- 3 rd 11:15 Mass – 2 nd 1:45 Nifty Nails – 3 rd 6:45 Karaoke – 3 rd	RECREATION CLOSED 			

