



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3
			10:30 Morning Moves – 2 & 3 1:45 Hymn Sing on Piano –2 nd	10:15 Morning Moves – 3 rd 10:30 Together We Grow 11:00 Morning Moves – 2 nd 1:45 Bingo – 3 rd	1:45 East Coat Gospel Music with Norman & Shirley – 2 nd
5	6	7	8	9	10
10:20 Morning Moves – 3 rd 1:45 Harvest Cooking – Aud. 6:45 Colouring & Music – 2 nd	10:20 Morning Moves – 2 & 3 11:15 Mass – 3 rd 1:45 Nifty Nails – 2 nd 6:45 Donita Large Music – 2 nd	10:20 Morning Moves – 2 & 3 10:30 Men’s Group - Conservatory 1:30 Integrative Arts for 2 nd Floor- 2 nd 2:15 Travelling Pet Therapy for 3 rd 3:30 Happy Hour – 2 nd 6:45 Physical Games –3 rd	10:30 Morning Moves – 2 & 3 1:45 Crib – 3 rd	10:15 Morning Moves – 3 rd 10:30 Together We Grow 11:00 Morning Moves – 2 nd 1:45 Northern Heart (Band performance) – 2 nd	1:45 Karaoke! – 3 rd
12	13	14	15	16	17
 No Recreation	10:20 Morning Moves – 2 & 3 11:00 Referendum Info Session – 3 rd 11:15 Mass – 2 nd 1:45 Nifty Nails – 3 rd 6:45 Armchair Travel – 3 rd	Advanced Voting Day- Alberta Referendum 9:00 am- 3:00 pm. 10:20 Morning Moves – 2 & 3 11:15 Anglican Service 1:30 Integrative Arts for 2 nd Floor- 2 nd 2:00 EPL Presentation - 3 rd 2:15 Travelling Pet Therapy for 2 nd 3:30 Happy Hour – 2 nd 6:45 Music Memories – 2 nd	10:30 Morning Moves –2 & 3 1:45 Music & Mobii (Sensory Games) - 2 nd	10:15 Morning Moves – 3 rd 10:30 Together We Grow 11:00 Morning Moves – 2 nd 2:00 Concerts in Care: John Calverley & Robert Walsh (Guitar & Violin) – 3 rd	1:45 Mila's Musical Performance – 2 nd
19	20	21	22	23	24
10:20 Morning Moves – 3 rd 1:45 Harvest Cooking – Aud. 6:45 Art Class – 3 rd	10:20 Morning Moves – 2 & 3 11:15 Mass – 3 rd 1:45 Nifty Nails – 2 nd 6:45 Harvest Lunch Decorating - Auditorium	10:20 Morning Moves – 2 & 3 10:30 Men’s Group - Conservatory 11:30 Harvest Lunch 1:30 Integrative Arts for 2 nd Floor- 2 nd 3:30 Happy Hour – 2 nd 6:45 Funny Videos & Knitting – 2 nd	10:30 Morning Moves – 2/3 1:45 Crib – 3 rd	10:15 Morning Moves – 3 rd 10:30 Together We Grow 11:00 Morning Moves – 2 nd 1:45 Mike Chenoweth (guitar and vocals)– 2 nd	1:45 Bingo – 3 rd
26	27	28	29	30	31
10:20 Morning Moves – 3 rd 1:45 Pumpkin Carving – Auditorium 6:45 Art Class – 3 rd	10:20 Morning Moves – 2 & 3 11:15 Mass – 2 nd 1:45 Nifty Nails – 3 rd 6:45 Bingo – 3 rd	10:20 Morning Moves – 2 & 3 1:30 Integrative Arts for 2 nd Floor- 2 nd 2:15 Travelling Pet Therapy for 3 rd 3:30 Happy Hour – 2 nd 6:45 Halloween Karaoke! – 2 nd	10:30 Morning Moves – 2 & 3 2:00 Shumka Ukrainian Dance Workshop- Auditorium	10:15 Morning Moves – 3 rd 10:30 Together We Grow 11:00 Morning Moves – 2 nd 1:45 Benjamin Williams (guitar and vocals) – 3 rd	1:45 Halloween Craft & Music – 2 nd

